

BBQ Donation – Thanks Scott!

From time to time, the Life Education classes held at the Society like to enjoy the occasional BBQ, whereby the students prepare all of the food and cook the BBQ for the class members, and staff.



Recently, the BBQ used by the society was looking like it was on its way out. As such we posted a request on facebook for anyone whom might have a BBQ they were willing to donate to the Society.



Scott Ferguson heard that we were seeking a new BBQ and purchased a new one for the Society and even delivered it to the Society and cleverly put it together!

We have been overwhelmed with gratitude for such a generous and kind gesture. Thank you so much Scott, we will think of you and your kind donation every time we fire up the barbie!



Board update and New Constitution

At the Special General Meeting on June 14, the New Constitution for the Association was voted in by the members. Some of the major changes include:

- Name Change to Down Syndrome South Australia Inc (Down Syndrome SA)
- A new structure for the Board of Directors, with three directors elected by the membership and five directors appointed by the Board
- Clearer rules about membership, voting etc

Importantly, the new Constitution requires Directors to relate to and consult with members on a regular basis, to ensure that the Board stays aware of the needs of the membership, and vice versa, the Directors will be able to keep the members better informed of what is happening in the association.

The three directors elected from the previous Board are Marty Hoffensetz, Jackie Beard and Robyn Blundell, and retiring President Judy Opolski and retiring Treasurer Jan Squire have been co-opted to the Board during the transition process and whilst some of the new directors are appointed.

Judy Opolski and I have been interviewing a number of candidates for the Director positions, including a new Chairman. We are delighted with the wonderful diversity of skills available to the association, and believe that, together with the new Chairman designate, it will be possible to build a very strong and energetic Board committed to taking the organisation into its next exciting phase, and ensuring that there is sufficient money available to not only survive, but also to raise the several hundred thousand dollars of extra funding required each year.

When next I write, I expect to be able to announce and introduce the new Directors. In the meantime, the final version of the Constitution approved at the SGM can be found on the website www.downssa.asn.au

Michael Elwood, CEO

Congratulations Danielle



The Life Ed students and staff would like to congratulate Danielle Caruso on gaining permanent employment at Phoenix. Danielle has been an enthusiastic and committed student at Life Ed over the last 18 months & great fun

to have in the program. We hope that you enjoy the work and the 'social life' at Phoenix, Danielle. Danielle's favourite activity has been cooking. She also enjoyed & participated in all aspects of the program. A vacancy now exists in the Life Ed program from term 3. Please contact Jill Phillips if you are interested in joining the group or need more information.

Jill Phillips
Life Education Coordinator

Yoga for Children with Special Needs



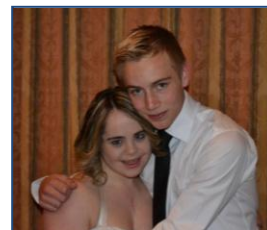
This class is a specialised Childrens Yoga class which includes bringing breathing exercises, eye exercises and movement together in a half an hour class.

These techniques are designed to enhance the natural development of children with special needs. This is a gentle and therapeutic class with a passionate and trained Childrens Yoga teacher, Peta Richards. The class program is safe for children with Down Syndrome and Cerebral Palsy. The movements in class will not only help strengthen muscles but by incorporating breathing exercises will help to strengthen the respiratory system and sooth the mind and emotions.

Class Details: Mondays 4pm- 4.30pm, Cost \$6 per child. Brompton Community Centre 19 Green Street, Brompton. Bookings essential, start date coming soon. For bookings and enquiry's Contact Karen Nichol, phone (08)8289 9692 or go to www.communityandyoga.com.au.

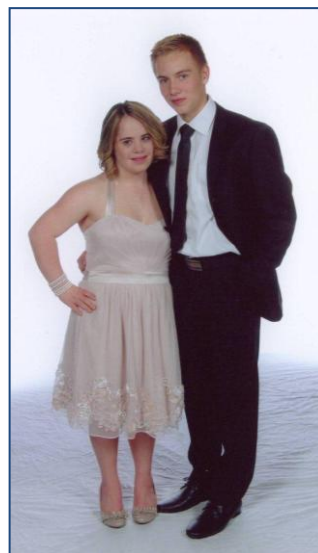
Georgie's Formal

Hi my name is Georgie Hamilton, I am in year 11 and last month my friend Henry from my old primary school rang my parents and asked if he could take me to his school formal. I was very excited and so was my whole family. I had to buy a new dress and shoes.

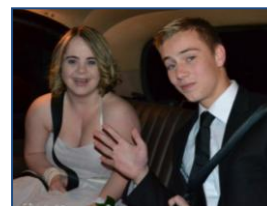


On Friday I finished school early and mum took me to the hairdresser and they did my hair and also makeup. Lots of my family came to my house to see me all dressed up and take photos. Everyone was very excited for me.

My family and I had to be at Henry's house at 6pm for pre formal drinks and some food. I was a bit nervous at first but when I got there I was really happy. We then had lots and lots of photos. Henry gave me a corsage and a chocolate rose. As a surprise Henry's mum organized a special car called an "Old London Taxi" to take us to the formal. It was really cool.



It was held at the Convention Centre and when we arrived we had more photos on the red carpet. The room was decorated and looked really good. We had a nice dinner and Pavlova for dessert. I met lots of my old friends from primary school and it was good to see them. I had a great time and was very tired when I got home at 11.30pm. My friend Henry is very special and I love him lots.



Attention Dads

The **Male Carers Newsletter** produced by Carer Support is for all those who are already (or would like to be) registered with Carer Support. They run a male carer group. This is a terrific opportunity to meet other men in caring roles, have a break from caring roles, learn a lot of information and most importantly have fun.

- Men's health and wellbeing
- Working carers breakfast
- Ten pin bowling
- Male carer day out ... Adelaide oval tour.

We have had some really positive feedback from one of the dads in Early Intervention who has joined. For more information go to <http://www.downssa.asn.au/dsssa/documents/MaleNewsletterAutumn2011.pdf>

Thank you

Thank you to Jo Brown for coming to talk to The New baby group about the "Better Start funding." Your input was a great help to the families and also to Susanne and I who will be filtering it through to others groups.

Thank you to Molly Wegener for her donation of lights for our sensory "Dark Tent". The lights have been enjoyed by all of the groups from new babies right up to the 3 year olds. I might add they have been equally enjoyed by some of the adults too, myself included!

Thank you to Karen Beesley for her very generous donation of toys for Early Intervention. We were wondering if there was anything left in the toy cupboard! The things you gave us will be well loved by Early Intervention families. Our favourite was the musical pig for posting!

Gina McCoy
Early Intervention Coordinator

Morning Tea for Early Intervention Family Members

The Early Intervention program will be holding their morning tea on 5 July at 10am. Please bring a small plate to share.

Junior Club Slick

Junior Club Slick in May was as fun as always with a group of 20-30 children. We are starting to see some fantastic progress in the dancing abilities of the students, and we still have so many months of the year to go!

Ladies of Variety were there to help out as always (thank you!) and we welcomed Jensen to the dance floor. Thank you to the schools and families who continue to support Junior Club Slick. Newcomers are always welcome! Junior Club: 16th June, 7th July

Club Slick

If you thought March was a big month for Club Slick, well you should've been there in May! If you thought March was a big month for Club Slick, well you should've been there in May! With over 200 people in attendance there was hardly a space left on the dance floor, particularly when 500 Miles was played, and of course the all time favourite Greased Lightening.

For such a big crowd, you need a big committee, and the Club Slick Committee members once again helped to run a very successful night. Thank you committee! Next Club: 17th June, 15th July

Laura Barbara
Leisure and Recreation Coordinator



Joel Whalley and Matt Morrison