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MEDIA RELEASE

Step UP! for Down Syndrome Awareness Month

Down Syndrome Australia has released [two videos](#) to promote the Step UP! for Down syndrome events happening across Australia during October as part of Down Syndrome Awareness Month.

Step UP! is a walk-a-thon that brings people together for a day of activities and entertainment while celebrating the strength and diversity of our community. These events also raise much needed funds to support the work of the state and territory Down syndrome associations.

Everyone is welcome to participate in a Step UP! event. Visit the Step UP! website at www.stepupfordownsyndrome.org.au to register for an event or to make a donation.

Step UP! works with Down Syndrome Australia and the state and territory Down syndrome associations to highlight the strengths and abilities of people with Down syndrome and the contributions people with Down syndrome make to the community.

Funds raised by Step UP! help the state and territory Down syndrome associations deliver services, support and advocacy to the community.

“Down Syndrome Queensland and students from the Griffith Film School produced the Step UP! videos,” said the CEO of Down Syndrome Australia Dr Ellen Skladzien.

“We thank the Griffith Film School students for their contribution and support. These videos capture the energy and spirit in our communities. We encourage everyone to watch and share them with friends and family,” Dr Skladzien said.

“Step UP! events are an opportunity for families to connect with each other. It’s wonderful to take the time to meet up with old friends, hear their news and raise funds at the same time. Right now, the focus for many families is on the change brought about by the National Disability Insurance Scheme,” said Darryl Steff, CEO of Down Syndrome Queensland.

For more information and resources about Down syndrome, contact your [local state and territory Down syndrome association](#).

[Watch the Step UP! videos here](#)

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